

# DAILY PARITTA CHANTING



MINNESOTA BUDDHIST VIHARA

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“These selected discourses are being chanted monthly at Minnesota Buddhist Vihara to invoke blessings upon members, well-wishers and all beings.”

**“NAMO TASSA BHAGAVATO  
ARAHATO  
SAMMĀ SAMBUDDHASSA”  
(3 TIMES)**

Iti pi so Bhagavā-Araham Sāmmā-sambuddho. Vijjā-carana  
sampanno Sugato Lokavidū Anuttarro Purisa-damma-  
sārathi Satthā deva-manussānaṃ Buddho Bhagavāti

Svākkhāto Bhagavatā Dhammo Sanditthiko Akāliko  
Ehipassiko Opanayiko Paccattaṃ veditabbo viññuhīti.

Supaṭi-panno Bhagavato sāvaka sangho,

Ujupaṭi-panno Bhagavato sāvaka sangho.

Ñāya-paṭipanno Bhagavato sāvaka sangho.

Sāmicī-paṭipanno Bhagavato sāvaka sangho

Yadidam cattāri purisa yugāni aṭṭha-purisa-puggalā

Esa Bhagavato sāvaka sangho. āhu-neyyo, pāhu-neyyo,

Dakkhi-neyyo, añjalikarāniyo, anuttaraṃ puññakkhettaṃ

lokassāti

**Etena Sacca vajjena - pātutaṃ ratanattayaṃ !!! (3times)**

## ENAUUM PIRITHA

Ye santā santa cittā,

tisarana saranā,

ettha lokantare vā;

bhummā bhummā ca devā,

guna gana gahana byāvatā sabbakālam.

ete āyantu devā,

vara-kanaka-maye,

merurāje vasanto;

santo santosa hetum,  
muni-vara- vacanam,  
sotumaggam samaggam.

Sabbesu cakkavālesu,  
yakkhā devā ca brahmano;  
yam amhehi katam punnam,  
sabba-sampatti-sādhakam.  
Sabbe tam anumoditvā,  
samaggā sāsane ratā;  
pamāda-rahitā hontu,  
ārakkhasu visesato.

Sāsanassa ca lokassa	-	vuddhi bhavatu sabbadā;
sāsanampi ca lokanca	-	devā rakkhantu sabbadā.
Saddhim hontu sukhi	-	sabbe, parivārehi attano;
Anighā sumanā hontu	-	saha sabbehi nātibhi.

Rajato vā corato vā  
manussato vā  
amanussato vā  
aggito vā  
udakato vā  
pisacato vā  
khanukato vā  
kandakato vā  
nakkhattato vā  
janapada rogato vā

asaddhammato vā  
asanditthito vā  
asappurisato vā  
canda-hatthi-assa-miga-gona-kukkura-  
ahi-vicchikka-manisappa-dipi-accha-taraccha-  
sukara-mahimsa-yakkha-rakkhasādihi  
nānābhayato vā  
nānārogato vā  
nānāupaddavato vā  
ārakkham ganhantu.

## RATANA SUTTA

Yānidha bhūtāni samāgatāni  
Bhum māni vā yāni antalikkhe  
Sabbeva bhūtā sumanā bhavantu  
Athopi sakkacca suṇantu bhāsitaṃ.

Tasmā hi bhūtā nisāmetha sabbe  
Mettaṃ karotha mānusiya pajāya  
Divā ca ratto ca haranti ye balim  
Tasmā hi ne rakkhatha appamattā.

Yaṃ kiñci vittaṃ idha vā huraṃ vā  
Saggesu vā yaṃ ratanaṃ paṇitaṃ  
Na no samaṃ atthi Tathāgatena  
Idampi buddhe ratanaṃ paṇitaṃ  
Etena saccena suvatthi hotu!

Khayaṃ virāgaṃ amataṃ paṇītaṃ  
Yadajjhagā sākyamunī samāhito  
Na tena dhammena samatthi kiñci  
Idampi dhamme ratanaṃ paṇītaṃ  
Etena saccena suvatthi hotu!

Yaṃ Buddha seṭṭho parivaṇṇayī sucim  
Samādhi-mānantari-kaññamāhu  
Samādhinā tena samo na vijjati  
Idampi dhamme ratanaṃ paṇītaṃ  
Etena saccena suvatthi hotu!

Ye puggalā aṭṭha sataṃ pasatthā  
Cattāri etāni yugāni honti  
Te dakkhiṇeyyā sugatassa sāvakā  
Etesu dinnāni mahapphalāni  
Idampi saṅghe ratanaṃ paṇītaṃ  
Etena saccena suvatthi hotu!

Ye suppayuttā manasā daḷhena  
Nikkāmino Gotama-sāsanamhi  
Te pattipattā amataṃ vigayha  
Laddhā mudhā nibbutiṃ bhuñjamānā  
Idampi saṅghe ratanaṃ paṇītaṃ  
Etena saccena suvatthi hotu!

Yathindakhīlo paṭhaviṃ sito siyā  
Catubbhi vāthehi asampakampiyo

Tathūpamaṃ sappurisaṃ vadāmi  
Yo ariya-saccāni avecca passati  
Idampi saṅghe ratanaṃ paṇītaṃ  
Etena saccena suvatthi hotu!

Ye ariya-saccāni vibhāvayanti  
Gambhīra-paññaena sudesitāni  
Kiñcāpi te honti bhusappamattā  
Na te bhavaṃ aṭṭhamaṃ ādiyanti  
Idampi saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Sahāva 'ssa dassana-sampadāya  
Tayassu dhammā jahitā bhavanti  
Sakkāya-diṭṭhi vicikicchitañca,  
Sīlabbataṃ vāpi yadatthi kiñci.  
Catūh' apāyehi ca vipparamutto  
Chacābhiṭhānāni abhabbo kātumaṃ  
Idampi saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Kiñca pi so kammaṃ karoti pāpakaṃ  
kāyena vācā uda cetasā vā  
Abhabbo so tassa paṭicchādāya  
Ababbatā diṭṭha-padassa vuttā  
Idampi saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Vanappagumbe yathā phussitagge  
Gimhāna-māse paṭhamasmim̐ gimhe  
Tathūpamaṃ dhamma-varam̐ adesayī,  
Nibbāna-gāmiṃ paramaṃ hitāya  
Idampi buddhe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Varo varaññū varado varāharo,  
Anuttaro dhamma-varam̐ adesayī  
Idampi buddhe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Khīnaṃ purāṇaṃ navaṃ natthi sambhavaṃ  
Viratta-cittā āyatike bhavasmim̐  
Te khīṇa-bijā avirulhicchandā,  
Nibbanti dhīrā yathāyaṃ padīpo  
Idampi saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!

Yānidha bhūtāni samāgatāni,  
Bhummāni vā yāni va antalikkhe  
Tathāgataṃ deva-manussa-pūjitaṃ,  
Buddhaṃ namassāma suvatthi hotu!

Yānidha bhūtāni samāgatāni,  
Bhummāni vā yāni va antalikkhe  
Tathāgataṃ deva-manussa-pūjitaṃ,  
Dhammaṃ namassāma suvatthi hotu!



Yānidha bhūtāni samāgatāni,  
Bhummāni vā yāni va antalikkhe;  
Tathāgataṃ deva-manussa-pūjitaṃ,  
Saṅghaṃ namassāma suvatthi hotu!

**Etena Sacca vajjena - sabba dukkhaṃ vinassatu !**

**Etena Sacca vajjena - sabba bhayo vinassatu !**

**Etena Sacca vajjena - sabba rogo vinassatu !**

## **METTA SUTTA**

Karaṇīya-mattha-kusalena  
Yantasantaṃ padaṃ abhisamecca  
Sakko ujū ca sūju ca  
Suvaco ca 'ssa mudu anatimānī.

Santussako ca subharo ca  
Appakicco ca sallahukavutti,  
Santindriyo ca nipako ca  
Appagabbho kulesu-ananugiddho.

Na ca khuddaṃ samācare kiñci  
Yena viññū pare, upavedeyyaṃ  
Sukhino vā khemino hontu  
Sabbe sattā bhavantu sukhitattā.

Ye keci pāṇabhūtatthi  
Tasā vā thāvarā va' anavasesā,  
Dighā vā ye mahantā va  
Majjhimā rassakā aṇukathūlā.

Diṭṭhā vā yeva adiṭṭhā  
Ye va dūre vasanti avidūre,  
Bhūtā va sambhavesī va  
Sabbe sattā bhavantu sukhitattā.

Na paro paraṃ nikubbetha  
Nātimaññetha katthaci na kañci  
Byārosanā paṭighasaññā  
Nāññamaññassa dukkhamiccheyya.

Mātā yathā niyaṃ puttamaṃ  
Āyusā ekaputtamanurakkhe  
Evampi sabbabhūtesu  
Mānasaṃ bhāvaye aparimāṇamaṃ.

Mettañca sabba-lokasmiṃ  
Mānasaṃ bhāvaye aparimāṇamaṃ  
Uddhamaṃ adho ca tiriyañca  
Asambādhamā veraṃ-asapattamaṃ.

Tiṭṭhamaṃ caraṃ nisinno vā  
Sayāno vā yāvata 'ssa vigatamiddho  
Etaṃ satimaṃ adhiṭṭheyya  
Brahmametaṃ vihāramaṃ-idhamāhu.

Diṭṭhiñca anupagamma silavā  
Dassanena sampanno  
Kāmesu vineyya gedhaṃ  
Na hi jātu gabbhaseyyaṃ puna reti'ti

**Etena Sacca vajjena - sotthite hotu sabbadā !!! (3 times)**

## KHANDHA PARITTA

Evamaṃ me sutamaṃ, Ekamaṃ samayaṃ bhagavā sāvatthiyaṃ viharati jetavane anāthapindikassa ārāme. Tena kho pana samayena sāvatthiyaṃ aññataro bhikkhu ahinā daṭṭho kālakato hoti.

Atha kho, sambahulā bhikkhu yena bhagavā tenupasankamiṃsu. Upsankamitvā bhagavantaṃ abhivādetvā ekamantaṃ nisidiṃsu. Ekamantaṃ nisinna kho te bhikkhu bhagavantaṃ eta davocumaṃ.

Ida bhante, sāvatthiyaṃ, aññataro bhikkhu ahinā daṭṭho kālakato ti. Naha nūna so bhikkhave bhikkhu cattāri ahirājakulani mettena cittena phari. Sace hi so bhikkhave bhikkhu cattāri ahirājakulani mettena cittena phareyya, na hi, so bhikkhave bhikkhu ahinā daṭṭho kālaṃ kareyya.

katamāni cattāri ahirājakulani ? Virūpakkhaṃ ahirājakulaṃ;  
Erāpathaṃ ahirājakulaṃ, Chabyāputtaṃ ahirājakulaṃ,  
Kanhāgotamaṃ ahirājakulaṃ.

Naha nūna, so bhikkhave, bhikkhu imāni cattāri  
Ahirājakulāni mettena cittena phari. Sace hi, so bhikkhave  
bhikkhu imāni cattāri ahirājakulāni mettena cittena phareyya,  
nahi so bhikkhave bhikkhu ahinā daṭṭho kālaṃ kareyya.

Anujānāmi bhikkhave imāni cattāri ahirājakulāni mettena  
cittena pharituṃ, attaguttiyā, attarakkhāya, attaparittāyāti.

Idam avoca bhagavā Idam vatvā sugato athāparaṃ etad  
avoca satthā;

Virūpakkhehi me mettaṃ - mettaṃ erāpathehi me  
chabyāputtehi me mettaṃ - mettaṃ kanhāgotamakehi ca

Apādakehi me mettaṃ - mettaṃ dipādakehi me  
catuppādehi me mettaṃ - mettaṃ bahuppadehi me

Mā maṃ apādako hiṃsi - mā maṃ hiṃsi dipādako  
mā maṃ catuppado hiṃsi - mā maṃ hiṃsi bahuppado;

Sabbe sattā, sabbe pānā - sabbe bhutā cā kevalā  
sabbe bhadraṇi passantu - mā kanci pāpama gamā

Appamāno buddho, appamāno dhammo, appamāno sangho  
pamānavantāni sirimṣapāni ahi vicchika satapadi unnānābhi  
sarabhū mūsika katā me rakkhā katā me parittā.

Paṭikkamantu bhūtāni soham namo bhagavato namo  
sattānaṃ sammāsambuddhānanti.

**Etena Sacca vajjena - sabba rogo vinassatu !!! (3 times)**

## **M O R A P A R I T T A**

Udetayaṃ cakkhumā ekarājā,  
harissavanno pathavippabbhāso;  
taṃ taṃ namassāmi harissavannaṃ  
pathavippabbhāsaṃ  
tayajja guttā viharemu divasaṃ.

Ye brāhmanā vedagu sabbadhamme,  
te me namo, te ca maṃ pālayantu;  
namatthu Buddhānaṃ, namatthu bodhiya,  
namo vimuttānaṃ, namo vimuttiyā  
imaṃ so parittaṃ katvā  
moro carati esanā.

Apetayaṃ cakkhumā ekarājā,  
harissavanno pathavippabbhāso;  
taṃ taṃ namassāmi harissavannaṃ  
paṭhavippabbhāsaṃ,  
tayajja guttā viharemu rattimaṃ.

Ye brāhmanā vedagu sabbadhamme,  
te me namo, te ca maṃ pālayantu;  
namatthu Buddhānaṃ, namatthu bodhiya,

namo vimuttānaṃ, namo vimuttiyā;  
imaṃ so parittaṃ katvā,  
moro vāsam-akappayī'ti

**Etena Sacca vajjena - sabba rogo vinassatu !!! (3 times)**

## **JAYA PIRITHA**

Siri dithi mathi tejo

Jayasiddhi mahiddhi mahāgunaṃ

Aparimita puññādhikārassa

Sabbantarāya nivāraṇa samattassa

Bhagavato arahato sammā sambuddhassa

Dvattiṅsa mahā purisā lakkhanānu-bhāvena

Asīthyānu-byañjana lakkhanānu-bhāvena

Aṭṭhuttara sata mangala lakkhanānu-bhāvena

Cabbanna ransyānu-bhāvena

Ketumālānu-bhāvena

Dasa pāramitānu-bhāvena

Dasa upa pāramitānu-bhāvena

Dasa paramattha pāramitānu-bhāvena

Sīla samādhi paññānu-bhāvena

Buddhānu-bhāvena

Dhammānu-bhāvena

Sanghānu-bhāvena

Tejānu-bhāvena

Idyānu-bhāvena

Balānu-bhāvena

Neyyadhammānu-bhāvena

Caturāsīti sahasa dhammakhandhānu-bhāvena

Navalokuttara dhammānu-bhāvena

Aṭṭhangika maggānu-bhāvena

Aṭṭha samāpatyānu-bhāvena

Chalabhiññānu-bhāvena

Mettā karunā muditā upekkhānu-bhāvena

Sabba pāramitānu-bhāvena

Ratanattaya saranānu-bhāvena

Tuyham sabba roga soka upaddava dukkha

Domanassupāyāsa vinassantu

Sabba sankappā tuyham Samijjhantu

Dīghā yukho hotu satavassa

Jivena samangiko hotu sabbadā

Ākāsa pabbata vana bhumi

Tatāka gangā mahā samudda ārakkhaka devatā

Sadā tumhe anurakkhantu

Sabba buddhānu-bhāvena

Sabba dhammānu-bhāvena

Sabba sanghānu-bhāvena

Buddha ratanaṃ  
Dhamma ratanaṃ  
Sangha ratanaṃ  
Tinnaṃ ratanānaṃ ānubhāvena

Caturāsīti saḥassa dhammakkhandhānu-bhāvena  
Pitakattayānu-bhāvena  
Jinasāvakānu-bhāvena

Sabbe te rogā  
Sabbe te bhayā  
Sabbe te antarāyā  
Sabbe te upaddavā  
Sabbe te dunnimittā  
Sabbe te avamangalā vinassantu

Āyu vaḍḍhako dhana vaḍḍhako  
siri vaḍḍhako yasa vaḍḍhako  
bala vaḍḍhako vanna vaḍḍhako  
sukha vaḍḍhako hotu sabbadā

Dukkha rōga bhayā verā  
Sokā sabbe upaddavā  
Anekā antarā yāpi  
Vinassantu ca tejasā  
Jaya siddhi dhanan lābhaṃ  
Sotthi bhāgyaṃ sukhaṃ balaṃ  
Siri āyu ca vanna ca



Bhogam vuddhī ca yasa vā  
Sata vassā ca āyu ca  
Jīvasiddhī bhavantu te.

## ATAWISI PIRITHA

Tanhankaro mahāvīro	–	Medhankaro mahāyaso
Saranankaro lokahito	–	Dīpankaro jutindharo
Kondañño jana pāmokkho	–	Mangalo puri sāsabho
Sumano Sumano dhīro	–	Revato rati vaddhano
Sobhito guna sampanno	–	Anomadassī januttamo
Padumo loka pajjoto	–	Nārado vara sārathī
Padumuttaro satta sāro	–	Sumedho agga puggalo
Sujāto sabba lokaggo	–	Piyadassī narāsabho
Atthadassī kāruniko	–	Dhammadassī tamo nudo
Siddhattho asamo loke	–	Tisso varada samvaro
Phusso varada sambuddho	–	Vipassī ca anūpamo
Sikhī sabba hito satthā	–	Vessabhū sukha dāyako
Kakusandho sattha vāho	–	Konāgamano ranañjaho
Kassapo siri sampanno	–	Gotamo sākya pungavo

Tesam saccane sīlena – khanti metta balena ca  
Tepi me/tvaṃ anurakkhantu – ārogyena sukkena cā'ti

Yaṃ dunnimittaṃ avamangalaṃ ca  
Yo cā manāpo sakunassasaddho  
Pāpaggaho dussupinaṃ akantaṃ  
Buddhānu-bhāvena vināsamentu

Yaṃ dunnimittaṃ avamangalaṃ ca  
Yo cā manāpo sakunassasaddho  
Pāpaggaho dussupinaṃ akantaṃ  
Dhammānu-bhāvena vināsamentu

Yaṃ dunnimittaṃ avamangalaṃ ca  
Yo cā manāpo sakunassasaddho  
Pāpaggaho dussupinaṃ akantaṃ  
Sanghānu-bhāvena vināsamentu

Dukkappattā ca niddukkhā  
Bhayappattā ca nibbhayā  
Sokappattā ca nissokā  
Hontu sabbepi pānino.

Ettāvatā ca amhehi  
Sambhataṃ puñña-sampadaṃ;  
Sabbe devā'anumodantu  
Sabba-sampatti-siddhiyā.

Dānam dadantu saddhāya  
Sīlam rakkhantu sabbadā  
Bhāvana-bhirata hontu  
Gacchantu devatā' gatā.

Sabbe Buddhā balappattā  
Paccekaṇaṇca yaṃ balaṃ  
Arahantaṇaṇca tejena  
Rakkhaṃ bandhāmi sabbaso.

Nakkhatta yakkha bhūtānaṃ  
Pāpaggaha nivāranā  
Parittassānu bhāvena  
Hantu tesāṃ upaddave

Ākāsaṭṭha ca bhummaṭṭhā  
Devā nāgā mahiddhigā  
Puññantam anumoditvā  
Ciraṃ rakkhantu loka sāsanaṃ

Devo vassatu kālena  
Sassa-sampatti hotu  
Pītu bhavatu loko ca  
Rājā bhavatu dhammiko.

# Sharing of merits

Idam me ñātinam hotu  
sukhitā hontu ñātayo

Ākāsatthā ca bhummatthā  
Devā Nāgā Mahiddhikā  
puññaṃ taṃ anumoditvā  
ciraṃ rakkhantu lōkasāsanam

Ettāvatā ca amhehi  
sambhatam puñña sampadam  
Sabbe devā anumodantu  
Sabbe bhūtā anumodantu  
Sabbe sattā anumodantu  
Sabba sampatti siddhiyā